



**Canadian Mental
Health Association**
York and South Simcoe
Mental health for all

**Internal/External Posting
Posting Date: January 21, 2020
Closing Date: Until filled**

PEER SUPPORT SPECIALIST– RELIEF/ON-CALL

Closing Date: Ongoing/ Until filled

Permanent, Relief/On-Call up to 35 hours per week, evenings and weekends may be required

Competition #: 2020-009

Our Mission: As the nation-wide leader and champion for mental health, CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience, and support recovery from mental illness.

Our Organizational Values:

- Client and Family Centered – through partnership, accountability and action
- Culturally Competent – to provide the best service and work experience
- Innovation – to bring value to our community

Team Values: Respect, Trust, Teamwork and Communication

Hours of work: Relief/On-Call - Up to 35 hours per week. Flexible evening and/or weekend hours may be required.

Location: Newmarket, York and South Simcoe

Job Profile:

The model is youth driving; the support will be holistic and compassionate, grounded in evidence, anti-oppression and cultural-competency, following trauma-informed and harm-reduction care. Services will include assessment, suicide intervention, counselling, referral, sexual health and addictions/drug use education and support, basic primary care and health screening. Telemedicine services will offer a range of treatments and specialized services.

In addition to compliance with all organizational policies and procedures, the incumbent is also expected to behave ethically, demonstrate competence in effective communication and team building, demonstrate effectiveness in working in a collaborative environment, and demonstrate confidence in decision-making and in building relationships.

The Peer Support Specialist collaborates with consumers to provide individualized and flexible support to help engage and integrate them into the community, and help to facilitate access to resources and supports to maximize independence and potential, and promote recovery. Peer Support Specialists have gone through a process of recovery and have obtained peer support related training to assist others with mental health challenges to identify and achieve life goals as part of their own recovery. In collaboration with the team, the Peer Support Specialist uses empowerment and Recovery-oriented approaches with individuals and groups to help combat stigma, raise self-esteem and mastery, improve self-concept, and instill hope.

Requirements:

- A degree or diploma in the health or social services, or a related discipline
- Current registration with a regulatory body
- Four years or more experience of the mental health system
- **Personal experience in recovery from a mental health and/or addiction problem**
- Ability to apply Recovery principles and empowerment-oriented philosophies and practices in work with consumers
- Ability to observe boundaries, engage in appropriate emotional regulation, refrain from dual relationships with consumers, maintain confidentiality, and engage in reasonable self-care strategies designed to reduce stress by balancing work/life responsibilities
- Ability to prioritize needs and organize work efficiently
- Aptitude in developing innovative approaches to service delivery
- Excellent oral and written communication skills
- **A second language (Cantonese, Farsi, Italian, Korean, Mandarin, Punjabi, Russian, Tamil, Urdu) reflecting the local community is preferred.**
- Excellent problem-solving and decision making skills
- Proficiency with various forms of presentation media
- Competence in relevant computer applications particularly Microsoft Office and Outlook
- Knowledge of the Ontario Mental Health Act, mental health reform principles, the Substitute Decisions Act, the Health Care Consent Act and PHIPA requirements
- Ability to apply Recovery principles and empowerment oriented philosophies and practices in work with clients
- Valid Canadian driver's license, a minimum \$1,000,000 third party liability insurance
- A satisfactory Vulnerable Sector Screening (Police Check)

This position currently supports the MOBYSS team. The Peer Support Specialist may be assigned to different programs as required based on need.

These positions report to and are supervised by the Manager.

Working Conditions: Recreational Vehicle, Office work, Occasional weekend/evening hours may be required

Disclaimer: In keeping with mental health reform, best practices, funding and direction this position may later require knowledge, skills, abilities and working conditions not noted here.

Why work for CMHA York Region?

We are team committed to our vision of mentally healthy people in a healthy society. That means we respect that our clients are the experts in their recovery journey and our role is to provide support, resources and opportunities based on their hopes and dreams. It means that we foster and encourage an entrepreneurial spirit to create, implement and sustain innovative, evidence based and transformational impact. We seek out and build partnerships, collaborate and share knowledge to be the most culturally competent team and fully integrated service delivery partner.

Our team cares for each other. We have our own team values of trust, respect, teamwork and communication. We hold ourselves accountable and we celebrate our wins. Because we risk, we learn and we take the opportunity and time to constantly improve our skills, the way we function as a team and ultimately deliver services. We are a team committed to mental health for all. Join us and be part of providing great care in great communities!

Application Procedures:

If you are interested in this opportunity, please follow the link on this posting or visit the Career section of our website. **Complete the application form and submit cover letter and resume (PDF or Word) together as one (1) document / attachment in the Resume section, outlining how your experience matches our requirements, to the Human Resources Department quoting Competition #2020-009.**

CMHA, York Region Branch supports the recovery of people with mental illness and promotes diversity in the workplace. We welcome persons with lived experience, women, aboriginal people, people with disabilities, and members of the 2SLGBTQ+, visible minority and immigrant communities to apply.

To request this posting in an alternate format or to request accommodation in the application process, email AODA@cmha-yr.on.ca

Online: www.cmha-yr.on.ca, under CAREERS section.

While we thank all candidates for their interest, only those selected for an interview will be contacted.

Please be advised priority will be given to applicants who apply before the application deadline, and if you are currently active in another recruitment cycle, you will not be eligible for this position.