

# Ontario Mental Health and Addictions Alliance Election Update #1

*Less than 2 months  
until the Provincial  
Election!*

**August 11, 2011**

The Ontario Mental Health and Addiction Alliance's Election Updates will keep you informed about what you can do to put mental health and addictions on the election agenda.



## Tell Us About Your Progress

We want to hear about all the great things you are doing. Go to the [Track Our Progress](#) page or click here to fill out our [Campaign Progress Survey](#). This information will help inform our strategy. We can also help to share your tips and experience with others, so they can be more

## Get Involved

The Ontario Mental Health and Addictions Alliance has updated our site, [www.vote4mha.ca](http://www.vote4mha.ca). Our new features will make it easier than ever to participate in the Vote4MHA movement. Simply click on "[Get Involved](#)" on the menu bar to check out the different actions you can take:

- [Write to Party Leaders](#): Our newest feature allows you to write to the Party Leaders at the click of a button. The form letter we provide can be easily customized, allowing you to add in information about your personal story and the things that you would like to see changed. The letter you submit will be automatically sent to the leaders of the Liberal, PC, NDP and Green parties, as well as the candidates in your local riding! Never before has it been so easy to communicate to your candidates.
- [Download our Election Kit](#): Do you want to get involved in the election, but are unsure how? Our Election Kit provides useful tips on the top four ways that you can contribute to putting mental health on the election agenda:
  - [Meet your local candidates](#)

effective in their election work!

You can also click here to add an event to our [Events Calendar](#) anytime.

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## Ontario Mental Health and Addictions Alliance

Website: [www.vote4mha.ca](http://www.vote4mha.ca)

E-Mail: [info@vote4mha.ca](mailto:info@vote4mha.ca)

- [Contact local media](#)
- [Attend an all-candidates meeting](#)
- [Engage others](#)

## Join Our Network

We are asking individuals and organizations across the province to [join our network](#). This movement is about the people who are directly affected, and working together to ensure the next government makes mental health and addictions a priority.

- Organizations: [Sign up as a Supporter](#) to become part of the Vote4MHA movement. You can also choose to add your name to our Supporters Directory, which will help others to connect with you to work together on promoting mental health and addictions in your community.
- Individuals: Check out our [Supporters Directory](#) to see what organizations are actively participating in the Vote4MHA movement. Contact them for more information on how to get involved.