

Grounding Trauma

A 2-Day National Conference

June 23rd & 24th, 2009
Huron University College
London, Ontario, Canada
\$280 + GST

The Grounding Trauma Conference:

The effects of traumatic stress and loss are a persistent factor for people working in the helping professions. Any lack of acceptance, training or comfort with traumatic stress and loss may cause pain to both clients and workers.

What is working well?

We are presenting many informative workshops about successes in working with trauma survivors as well as support for the worker and organization.

What more needs to be done?

Are post-secondary programs adequately preparing students to do this work?
Are agency work environments as supportive to staff and clients as they could be?
We will explore what needs to be done *and how can we start doing it !*

Highlights:

Dr Rick Csiernik - "Trauma Exposure and the Social Work Practicum"
Prof Csiernik will present new research on trauma experienced during social work student practicums at one Canadian school of Social Work.
He is the author of "Responding to the Oppression of Addiction"

Hannah Sherebrin, RN ATR - "Art Therapy with Parents Grieving Children Lost to Terrorism" -
Hannah has been leading art therapy groups in Israel for parents whose children have been killed by terrorists or the army

[Website And Easy Registration](#)

Questions? gt@cast-canada.ca or 1-905-877-6547

The full website address is <http://www.cast-canada.ca/GroundingTrauma.html>

Presenters & Workshops:

Dr Rick Csiernik, PhD, MSW, King's College, University of Western Ontario

"Trauma Exposure and the Social Work Practicum" - *new research!*

Hannah Sherebrin, RN, ATR - YAHAT – The Israeli Association of Creative and Expressive Therapies

" The Puzzle - Recreating a New Whole" Art Therapy with Parents Grieving Children Lost to Terrorism

Françoise Mathieu, M.Ed., CCC, Director WHP-Workshops for the Helping Professions

"Creative Tools for Transforming Compassion Fatigue and Vicarious Trauma"

Tom Regehr, Diane Hancox, LaRee Walters Boadway, CAST Canada

Where are we now with trauma & loss issues, the need for a provincial/national trauma organization

Daniel Baker, B.Ed, GRS, New Brunswick Community College

"The Cost of Unresolved Grief and Trauma"

Greg Brown, PhD, Nipissing University

"Traumatic Lives: Individuals with Mental Illness in the Criminal Justice System - Insights from an Ontario Study of Offenders with a Mental Illness" - *new research!*

Julie K. Williams, PhD, ACSW, LMSW, University of Iowa School of Social Work

"How Past Events Influence Traumatic Stress Amongst Mothers Experiencing Homelessness" - *new research!*

Sharon Cowan, MSW, RSW, Janeen Donnor MSW, RSW, Cindy Drake, BSW, RSW, Lucy Foreman BSW, RSW - Canadian Mental Health Association, Oxford, ON

"Trauma and Mental Health Recovery: A Community-Based Mental Health Care Response"

Yvonne DeBoevenKamp, Canadian Mental Health Association, Windsor, ON

"A Systems Approach to Caring for Caregivers and Caring Professionals"

Nick Doukas, MSW, RSW, Centre for Addiction and Mental Health

"The Role of Active Grieving as Part of Recovery"

Molly Bannerman and Kate Kenny, South Riverdale Community Health Centre, Toronto, ON

"Obstacles and Innovation: Women, Harm Reduction and Grief"

Jen Plyler-Danch, MSW RSW, Shape Your Life Project

"Embodied Healing: Exploring healthy aggression and body memory through recreational boxing"

Julia Greenbaum, MA, Centre for Addiction and Mental Health

"A Guide For Institutions Moving Towards Working from a Trauma-Informed Perspective"

Arthur Lockhart, M.Ed., Humber College and Brad Hutchinson, Transformative Results
"Running On Empty - Compassion Fatigue Syndrome"

Valerie Copping, MA, Public Health, Hamilton, ON
"Across the Miles - A Workshop on the Theory, Evidence and Practice of the Intergenerational Trauma Treatment Model"

Yvette Perreault, AIDS Bereavement Project of Ontario
"Taking Care of the Heart - ABPO's Program to Sustain Workers in the AIDS Sector"

Larry Green, MA, Simon Fraser University
"Re-Contextualizing Trauma: A Continuum from Acute to Normal"

Special Presentation

"Vigil of Hope" 50-min documentary screening followed by Q&A with the filmmaker, Vladimir Bodarenko.

About CAST Canada

Since 2004 CAST Canada has been holding trauma and addiction workshops for helping professionals, presenting at schools and universities and giving speeches to public and corporate audiences. For details please visit www.cast-canada.ca

Conference Advisors:

Brian Rush, Centre for Addiction and Mental Health, Toronto, ON

Dianne Hancox, CAST Canada

Radhika Subramanyan, Centre for Addiction and Mental Health, Halton, ON

Francoise Mathieu, Wellness for the Helping Professions, Kingston, ON

Sarah Prowse, WoodGreen Community Services, Toronto, ON

Karna Trentman, ConnexOntario, London, ON

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