

Local Health Integrated Networks and CSIs

“Creative Directions” Presentation

November 17, 2005

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Transforming Ontario's Health Care

What the Ministry of Health wants to change in Ontario by 2008:

- ❑ Improve access to healthcare services and reduce waiting times
- ❑ Create new regional structures (LHINs) and improve information management
- ❑ Measure outcomes and improve accountability of the system



Local Health Integration Networks (LHINS) – The Big Change

- ❑ A “Made in Ontario” solution – creating a regionalized healthcare system
- ❑ Communities will be engaged in healthcare system change
- ❑ Local responsibility in coordinating, planning, and funding care at the community level
- ❑ 14 LHINs to eventually take over functions of current 7 MOHLTC Regional Offices and District Health Councils (ceased operations as of March 31, 2005)



Why LHINs? (1)

LHINs are being set up to achieve GOALS:

- Coordinate health services locally
- Improve access and flow of services
- Support economic efficiencies
- Get the community involved

Why LHINs? (2)

LHINs are to follow these principles:

- Person-centred and community-based
- Integrated services and healthcare teams
- Shared accountability
- Outcomes-driven
- Continually improving
- Determined by need



How will LHINs be different?

- ❑ Geographically-based agencies
- ❑ Individual/consumer-centred
- ❑ Initially take on planning, coordination, and management roles
- ❑ Eventually responsible for funding and service providers relationships
- ❑ Support healthcare system change provincially while working towards system goals
- ❑ Each LHIN is accountable to MOHLTC for their performance

Other Healthcare Changes

- ❑ Improved wait times and access to surgical care and MRI services
- ❑ Investment in community-based services including Mental Health
- ❑ Family Health Networks to provide comprehensive community-based care
- ❑ Investment in Health Information Management to monitor, report, improve, plan, and allocate healthcare programs and services



Reviewing the History of CSIs (1)

- ❑ CSDI and CSIs began in 1991
- ❑ First evaluation study (1996)
- ❑ CSIs are “best practices in Mental Health” (1996)
- ❑ Positive outcomes for consumers reported in Psychosocial Rehabilitation Journal (Winter 1997)



Building the Case for CSIs (2)

- The Longitudinal Study on CSIs (1998 -2004) shows that members of CSIs cope better and experience a better quality of life
- The Connections Project (2001 -2003) show that trained peer workers befriending discharged patients saved money because clients were less likely to return to hospital, and if they did, it was for shorter stays



Why CSIs and Ontario's Health Transformation is a Good Fit

- Both evidence-based research projects support system change goals
 - **In short:** CSIs can ease pressure from waiting lists, divert people from more intensive community supports, and minimize their use of healthcare services
 - We are doing it right now
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Telling People about CSIs (1)

- Production of 2005 video about the Longitudinal Study on CSIs and subsequent distribution of 750+ DVDs and VHS tapes across North America
- Published Peer Support Literature Review paper to document how consumer/survivors, service providers, and academics are researching and applying self-help in their work



Telling People about CSIs (1)

- Collaboration with other Mental Health organizations on “Consumer/Survivor Initiatives: Impact, Outcomes and Effectiveness” paper – met with the Minister!
- OPDI NewsToGo electronic weekly newsletter highlights Ministry of Health and Long-Term Care announcements and information about healthcare system change



What You and Your CSI Can Do

- ❑ Learn more about the Health Transformation Agenda here:
<http://www.health.gov.on.ca/transformation/index.html>
- ❑ Make plans to participate and get your voices heard as the Local Health Integration Network (LHIN) in your community develops

What You and Your CSI Can Do

- ❑ Check out the LHINs website at <http://lhins.on.ca/lang.htm>
- ❑ Call the LHIN office in your region using the website information
- ❑ Call the OPDI office at 1-866-681-6661 if you have questions
- ❑ Network with other CSIs in your LHIN region

(References: MOHLTC website and ADM Hugh MacLeod April 21, 2005 Presentation to CCARH)

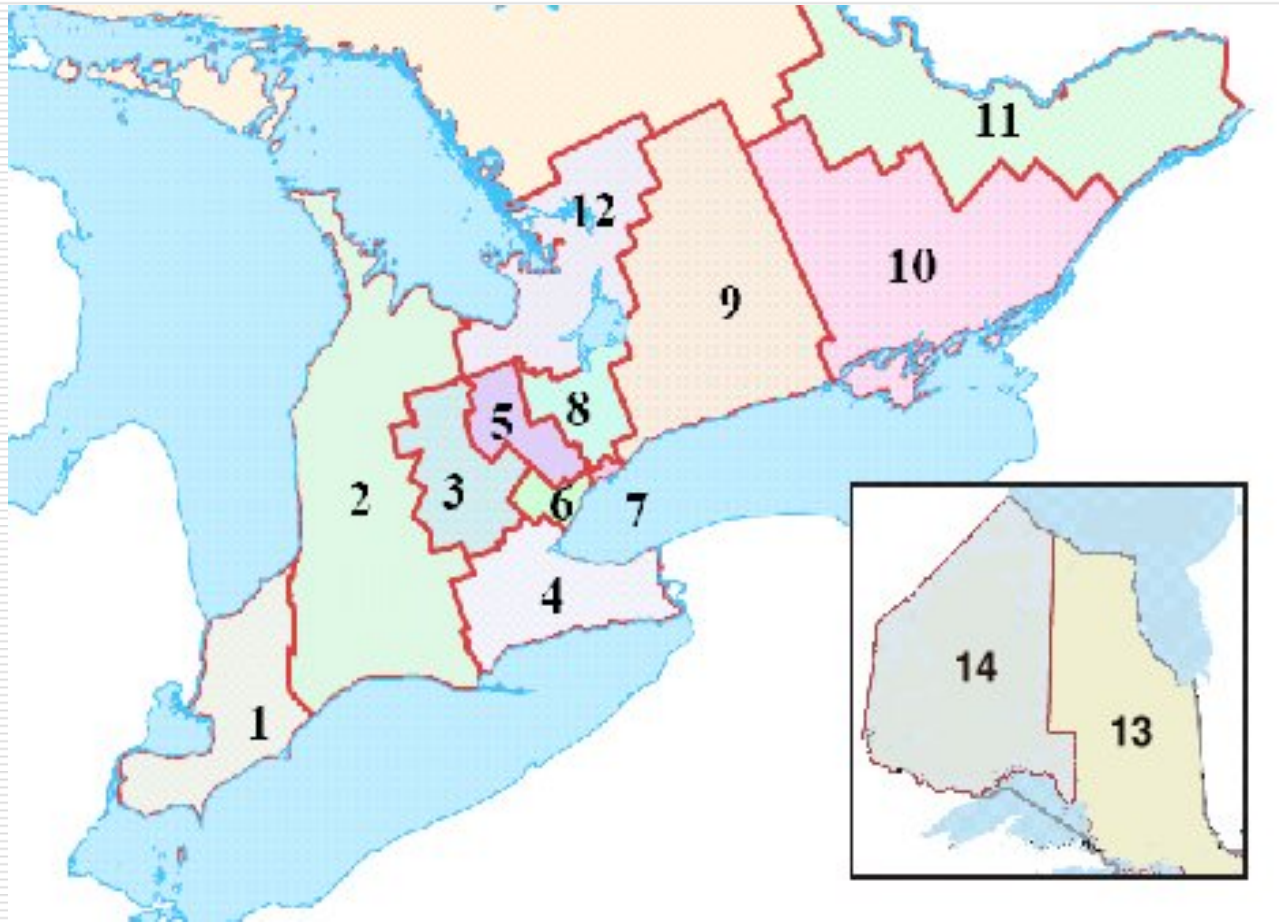


Ontario's LHINs (By Name)

1. [Erie-St.Clair](#)
2. [South West](#)
3. [Waterloo Wellington](#)
4. [Hamilton Niagara Haldimand Brant](#)
5. [Central West](#)
6. [Mississauga Halton](#)
7. [Toronto Central](#)
8. [Central](#)
9. [Central East](#)
10. [South East](#)
11. [Champlain](#)
12. [North Simcoe Muskoka](#)
13. [North East](#)
14. [North West](#)



Ontario's LHINs (As Mapped)



For More Information

- ❑ The Ministry of Health and Long-Term Care's website is:

<http://www.health.gov.on.ca/index.html>

Toll-free number: 1-800-267-8097

Thank you!

Any Questions?