

**Target Audience:**

Health care providers, settlement service workers, school board personnel, policy makers, directors, CEOs from hospitals/community agencies, and funders as well as consumers, family members, students and the community at large.

**Objectives:**

1. To appreciate the multi-level complexity of cultural competence;
2. To understand how policies can be applied to enhance your practice;
3. To develop practical skills in providing care in the context of diversity and equity;
4. To explore approaches to de-stigmatize mental illness in diverse communities;
5. To contribute to the development of national strategies on mental health.

**Organizing Committee:**

- |                     |                    |
|---------------------|--------------------|
| Amy Chan            | Dr. Ted Lo         |
| Raymond C. Y. Chung | Steve Lurie        |
| Dr. Kenneth Fung    | Terry McCullum     |
| Emily Hansson       | Dr. Kwame McKenzie |
| May Ho              | Dr. Allan Peterkin |
| Kwasi Kafele        | Janet Priston      |
| Jan Lackstrom       | Aseefa Sarang      |
| Jan Lancaster       | James Skembaris    |
| Dr. Melyn Leszcz    | Kathy Wong         |

Coordinated by:  
**Hong Fook Mental Health Association**  
 In partnership with:



**Morning Sessions**

- 8:15 am Registration
- 9:00 am Opening Remarks  
*Dr. Kenneth Fung*
- 9:10 am Keynote:  
 Opportunities to Address Diversity and Equity in Mental Health:  
 Lessons Learned in The United States  
*Dr. Mareasa R. Isaacs*

10:45 am Break

- 11:00 am Concurrent Workshops (First Round):
1. The Traumatic Impact of Violence and Systemic Discrimination on Young People from The African Canadian Community in Toronto  
*Mr. Victor Beausoliel & Ms. Keiosha Ross*
  2. Some of The Things You Wanted to Know But Were Afraid to Ask about How Mainstream Organizations Can Promote Diversity, Equity and Social Inclusion  
*Ms. Maria Herrera, Mr. Kwasi Kafele & Mr. Steve Lurie*
  3. Innovative Initiatives to Address Diversity in Supportive Housing  
*Ms. Gladys Cheung, Ms. Samantha Chhom, Ms. Angela Shaw & Ms. Debra Walko*
  4. Cultural Competency: From Policy to Practice to Policy  
*Dr. Lisa Andermann, Dr. Kenneth Fung & Dr. Ted Lo*
  5. Mental Health Promotion in Ontario – A Call to Action  
*Ms. Michelle Gold & Ms. Jan Lancaster*

12:15 pm Lunch

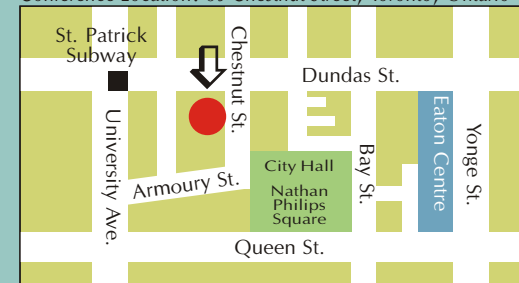
**Afternoon Sessions**

- 1:30 pm Concurrent Workshops (Second Round):
6. Social Determinants and Immigrant Women's Mental Health  
*Ms. Saleha Bismilla, Dr. Cindy-Lee Dennis & Ms. Farah N. Mawani*
  7. Embracing Cultural Competence in The Mental Health and Addictions System  
*Mr. Raymond C. Y. Chung, Ms. Deqa Farah, Mr. Barry M. Fellingner & Mr. David Kelly*
  8. Spirituality, Diversity and Mental Health  
*Ms. Kanae Kinoshita, Mr. Terry McCullum & Mr. Michael AbdurRashid Taylor*
  9. Should I Stay or Should I Go? Inviting Partnership and Integration in HIV Mental Health  
*Ms. Shelley Cleverly, Mr. Bill Gayner, Dr. Melyn Leszcz, Dr. Alan Li & Ms. Kay Roesslein*
  10. Experiences of Immigrant Psychotherapists  
*Dr. Kenneth Fung & Ms. Gosia Wasniewski*

3:00 pm Break

- 3:15 pm Improving The Mental Health of Immigrant and Ethno-Racial Groups – The Mental Health Commission of Canada  
*Dr. Kwame McKenzie*
- 3:45 pm Consultation for The Mental Health Commission of Canada  
*Dr. Kwame McKenzie, Dr. Ted Lo & Mr. Steve Lurie*
- 4:30 pm Closing Remarks  
*Ms. Kathy Wong*

Conference Location: 89 Chestnut Street, Toronto, Ontario



**Registration Form**

**How to register:**

**Registration Fee:**

**\$100.00** (including lunch and conference materials)  
 Group Rate: **\$75.00** for the first 3 registrations  
 (Non-profit organization with budget under \$1 million)

Please mail a completed registration form by  
**May 8, 2009** to:

Hong Fook Mental Health Association  
 1065 McNicoll Avenue,  
 Scarborough, Ontario M1W 3W6

**Payment method:**

Amount: \$ \_\_\_\_\_

Cheque Payable to:  
 Hong Fook Mental Health Association

Visa Card # \_\_\_\_\_

Expiry date: \_\_\_\_\_

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Agency: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Registration Form

Please indicate the workshops that you would like to attend.

## Morning

- 1. The Traumatic Impact of Violence and Systemic Discrimination on Young People from The African Canadian Community in Toronto
- 2. Some of The Things You Wanted to Know But Were Afraid to Ask about How Mainstream Organizations Can Promote Diversity, Equity and Social Inclusion
- 3. Innovative Initiatives to Address Diversity in Supportive Housing
- 4. Cultural Competency: From Policy to Practice to Policy
- 5. Mental Health Promotion in Ontario – A Call to Action

## Afternoon

- 6. Social Determinants and Immigrant Women's Mental Health
- 7. Embracing Cultural Competence in The Mental Health and Addictions System
- 8. Spirituality, Diversity and Mental Health
- 9. Should I Stay or Should I Go? Inviting Partnership and Integration in HIV Mental Health
- 10. Experiences of Immigrant Psychotherapists

Sessions conducted in English

## Faculty

**Lisa Andermann** MD, FRCPC

Psychiatrist, Mount Sinai Hospital; Assistant Professor, Culture, Community and Health Studies, Department of Psychiatry, University of Toronto

**Victor Beausoliel**

Involve Youth Project, Tropicana Community Services Organization

**Saleha Bismilla** RN, BScN, MN

Healthy Babies Healthy Children Manager, Toronto Public Health

**Gladys Cheung** MSW, RSW

Team Leader, Hong Fook Mental Health Association

**Raymond C. Y. Chung** MSW, RSW

Executive Director, Hong Fook Mental Health Association

**Samantha Chhom** BSW

Community Housing Worker, Crosslinks Seniors Housing and Support Services, LOFT Community Services

**Shelley Cleverly** BScN, MSc

Director of Community Based Research, Ontario AIDS Network

**Cindy-Lee Dennis** PhD

Associate Professor and Canada Research Chair in Perinatal Community Health, Lawrence S. Bloomberg Faculty of Nursing and Faculty of Medicine, Department of Psychiatry, University of Toronto

**Deqa Farah** BA

Mental Health Promoter, Community Resource Connections of Toronto (CRCT)

**Barry M. Fellingner** BTh, CIRS

Manager, Information and Referral Services Department, Mental Health Service Information Ontario, ConnexOntario Health Services Information

**Kenneth Fung** MD, FRCPC, MSc

Clinical Director, Asian Initiative in Mental Health, University Health Network; Assistant Professor, Department of Psychiatry, University of Toronto

**Bill Gayner** BSW, MSW, RSW

Mental Health Professional, Clinic for HIV-Related Concerns, Mount Sinai Hospital

**Michelle Gold** MSW, MSc

Senior Director, Policy and Programs, Canadian Mental Health Association (Ontario)

**Maria Herrera**

Manager, Urban Health Issues, Toronto Public Health

**Kanae Kinoshita** MA

Spiritual Care Professional, General Medicine/Emergency; Toronto General Hospital (UHN)

**Mareasa R. Isaacs** PhD

Executive Director, National Alliance of Multi-Ethnic Behavioural Health Associations

**Kwasi Kafele** BA, MA, PhD (c)

Director, Corporate Diversity, Centre for Addiction and Mental Health

**David Kelly**

Executive Director, Ontario Federation of Community Mental Health And Addiction Programs

**Jan Lancaster** RN, MHS

Manager, Mental Health Program, Toronto Public Health

**Molyn Leszcz** MD, FRCPC

Psychiatrist-in-Chief, Mount Sinai Hospital; Professor and Head, Group Psychotherapy, Department of Psychiatry, University Toronto

**Alan Li** MD

Primary Care Physician, Researcher and Community Advocate

**Ted Lo** MB, BS, MRC Psych, FRCPC

Consultant, Hong Fook Mental Health Association; Across Boundaries Ethnoracial Mental Health Centre; Staff Psychiatrist, Centre for Addiction and Mental Health, Mount Sinai Hospital; Assistant Professor, University of Toronto

**Steve Lurie** MM, MSW, BA

Executive Director, the Canadian Mental Health Association, Toronto Branch

**Farah N. Mawani** MSc, PhD (c)

CIHR Research in Addictions and Mental Health Policy & Services (RAMHPS) Fellow; Traveling Faculty, International Honors Program

**Terry McCullum** MSW, MA, MDiv

CEO, LOFT Community Services

**Kwame McKenzie** MD, MRC Psych

Deputy Director, Schizophrenia Program, Centre for Addiction and Mental Health; Medical Director of Diversity, Centre for Addiction and Mental Health

**Kay Roesslein** BA, Addiction & Life Skills Cert

Program Director, MCEwan Housing & Support Services, LOFT Community Services

**Keiosha Ross**

Involve Youth Project, Tropicana Community Services Organization

**Angela Shaw** RN, BHSN, CPMHC (c)

Executive Director, St. Jude Community Homes

**Michael AbdurRashid Taylor** MTS (c)

Manager, Spiritual and Religious Care Services and Volunteer Resources, Centre for Addiction and Mental Health

**Debra Walko** RSW

Program Director, Crosslinks Seniors Housing and Support Services, LOFT Community Services

**Gosia Wasniewski** MA, MEd

Clinical Team Leader, Concurrent Disorders Clinician, Addictions Program/Department of Psychiatry, University Health Network

**Kathy Wong** RN, BScN, MEd, CPMHN(c)

Board of Director, Hong Fook Mental Health Association

## Hong Fook Mental Health Association

1065 McNicoll Avenue,  
Scarborough, Ontario M1W 3W6

Tel: 416-493-4242 Fax: 416-493-2214

E-mail: info@hongfook.ca Website: www.hongfook.ca

# Diversity and Equity in Mental Health/Addiction

## Conference:

Thursday May 28, 2009

8:15 am – 4:30 pm

University of Toronto  
Residence Conference Centre  
89 Chestnut Street,  
Toronto, Ontario

From Policy to Practice to Policy

Design: AriesCheung.com

Coordinated by:

Hong Fook Mental Health Association